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Sat Dec 19 @ 8pm  
Cargill Theatre

128 | 125 | 120  
adult | senior | student

**UPCOMING EVENTS**

**Roger ADMIRAL**  
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Cargill Theatre

128 | 125 | 120  
adult | senior | student

**UPCOMING EVENTS**

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A musical journey through the 70's featuring  
the songs of BILLY JOEL and ELTON JOHN  
Sat Jan 30 @ 8pm  
Cargill Theatre

128 | 125 | 120  
adult | senior | student

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# the Daglightale

Augustana's Student Newspaper

December 9, 2015

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### Vikings Hockey

Conner McLaughlin beats a defender and presses for the net, helping the Vikings clinch a 5 - 3 victory against SAIT on Nov. 28.

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## Fairtrade on Campus

Student campaigns to achieve Fairtrade campus status for Augustana

By KATE GAEI

If you checked out the Fair Trade and Local Made Sale this year, you may have seen fourth-year Business Management student Andie Lafrentz hard at work collecting signatures in support of

Augustana becoming a Fairtrade Campus. Lafrentz has been talking to Food Services, staff and students to establish Augustana as a designated Fairtrade area.

What does buying fair trade mean, exactly?

Fair trade means "buying from farmers that are receiving a fair wage, that are given decent living conditions," said Lafrentz. "The one or two extra dollars we spend for the [Fairtrade] products

CONTINUED on P.12



## JOB OPPORTUNITY

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for more information

Photo: LANE ANDERSON

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# FROM THE EDITORS

## The Most Wonderful Time of the Year



CAMERON RAYNOR  
EDITOR IN CHIEF

December is upon us, and with it comes the full force of holiday marketing. Everywhere you go there are holiday specials, holiday themed

lattes and Christmas music—even in places I'm certain don't play music any other time of the year. Everywhere you turn you're greeted with a 'Happy Holidays' and there's a rare sense of optimism in the air.

However, in my years as a university student I've learned the onslaught of all things Christmas is really just a charade. A charade designed to hide the reality that early December is exam season.

As students, it may be tempting to think the hundredth serenade of "It's the Most Wonderful Time of the Year" is part of a sadistic plan by some higher power to discredit the suffering of students everywhere. However, we really should embrace the season for the joy and meaning it brings to our lives.

First of all, the debilitating stress and pressure of exams gifts you a whole new way to enjoy your favourite activities:

Now you can enjoy them while ridden with guilt over all the studying you could be doing instead. Not to mention, it becomes socially acceptable to enjoy coffee at all hours—literally all 24 of them—and to eat nothing but Christmas chocolates.

Exam season is a time to be thankful

The debilitating stress and pressure of exams gifts you a whole new way to enjoy your favourite activities.

ful for the life skills you'll carry long after graduation. Will the in-depth knowledge you're cramming about ancient civilizations help you in your future career? Not likely. But the ability to use rum and eggnog to forget the terrible mark you received will serve you for the rest of your days.

Exam season also brings 'tidings of comfort'. It's comforting to be reminded

that, in a rapidly changing world, some things stay the same. For instance, universities still consider the best way to evaluate your knowledge and critical thinking skills to be three hours of multiple choice, short answer, and essay questions.

Let's not forget the holiday season's ability to bring us together. Because you haven't really lived if you haven't debated with friends whether or not saying 'Merry Christmas' is offensive. Not to mention, now that you've spent the last four months at a liberal arts college, you can bring this uplifting conversation topic back with you for the whole family to enjoy.

There's no other time during which our inner creative genius flourishes the way it does during the holidays. Once you emerge from your paper-writing and studying induced coma, you'll discover there are exactly seven days left until Christmas. It'll be an opportunity to explore your true creative potential as you find last minute presents with the money you don't have.

So this December, don't despair. And remember, it really is the 'most wonderful time of the year'.

## LETTERS TO EDITOR

### RE: Keep Your Racist Facebook Friends

I am writing in response to the article "Keep Your Racist Facebook Friends", published in the November 25th issue of the Daglight. In the article, Raynor says "We can't expect people to change their minds by treating them as beneath us for their opinions." His tone throughout the rest of the article suggests otherwise. If

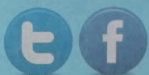
Raynor is to be believed, the debate over the migrant crisis is between the knuckle draggers from "our hometowns our high schools and our summer jobs" and "every university student or professor." I can't confirm or deny the alleged racism that Raynor found on Facebook, but from my personal experience, there has been

much more outrage over racism than any actual racism. As Trudeau backs down from his initial targets, Raynor should in turn take his own advice and stop fearing the viewpoints he disagrees with.

- Gerry Baker

# Stay in touch

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# the Daglight

### Cover Image Credits

The Next U of A Strategic Plan  
Photo: Christina Varis

Violence Against Women Vigil  
Photo: Cameron Raynor

One Night in Africa Fundraiser  
Photo: Emil Yim

# New Website

thedaglightale.ca

- Stay Up to Date on the Latest News
- Never Miss the Next Issue
- Find Past Articles
- Read Web Exclusive Content

theDaglightale  
Augustana's Student Newspaper - Since 1985

## U of A Building Next Strategic Institutional Plan

By RICHARD CATANGAY-LIEW  
THE GATEWAY

EDMONTON (The Gateway) — Four of the most prominent governing bodies at the University of Alberta met collectively for the first time ever earlier this week in an effort to build the next institutional strategic plan.

The U of A's General Faculties Council, Board of Governors, Senate and Alumni Council Executive convened at Lister Conference Centre to engage in a conversation on how to "build a great university." The meeting was spearheaded by recently installed U of A President David Turpin, who said the group was put together to pose questions about where the university should be in the future.

The strategic plan seeks to "establish concrete, achievable and measurable goals and strategies that will support (the U of A's) vision."

"The two objectives for this meeting were one, get these governing bodies together so that they could get to know each other, and second, to get their input on some of those questions we think are important in answering them of shaping the future direction of the institution," Turpin said.

The groups were dispersed and separated into 12 tables, with each table hav-

ing a topic of discussion. Topics included leadership and service, excellence, creativity, entrepreneurship and economic diversification, reputation and advocacy, students, faculty, academic and non-academic staff, campus cohesion, diversity, national and international leadership and community engagement. All those present at the meeting had an opportunity to sit at two tables throughout the evening.

"One of the big things that came up was really defining who we are as a leading national and international university," Turpin said, as he flipped through a notepad with several points scribbled on it during the discussions. "This is the beginning of the discussion that takes place over the coming months."

Turpin's plan now is to take the information from the meeting and take it into several other planned forums and town halls with the U of A community. A committee will then take the consultative information from each of these meetings and pen a draft of the strategic institutional plan, which will be made public for the purpose of further consultation.

Since the university uses various levels of governance in decision-making, bringing the pool of diverse perspectives between the four groups was a "great opportunity," U of A Provost and Vice-Pres-



Photo: CHRISTINA VAIVIS

ident (Academic) Steven Dew said.

"Each of these groups has a different responsibility on delivering what the University of Alberta is really about," Dew said. "It's essential to have all these voices hearing each other, being heard and interacting with each other."

Dew said the consultative path to the next strategic institutional plan will take about two months. By gathering the input from different groups and perspectives, they'll begin to "pull the threads together."

Undergraduate Board of Governors Representative Azhar Khan, who also sits on GFC, said the discussion didn't seem like a venue where they were trying to come up with solutions, but a

chance to address any concerns and request clarifications from administration regarding the direction of the U of A.

"It was more of an opportunity to voice any concerns and complaints to the administration," Khan said. "But ultimately, it's up to the administration on what they want to do with these concerns."

After the university constructs their new strategic plan, Dew said they'll start the process all over again and seek feedback from the community and various stakeholders.

"It's the start of a completely new set of conversations," Dew said. "Hopefully, this started some networks and interactions that wouldn't have otherwise existed."

## Exam Studying Tips From Augustana's Pros

By ERIC STEELE

The stress of final assignments over the past couple weeks has been replaced with the stress of final exams that begin on Thursday, Dec. 10. As the semester comes to an end, the Daglightale sat down with senior students to discuss successful study tips for the upcoming weeks.

### Flash Cards

"The thing that helps me the most is flash cards," said Brandon Brown, a fourth-year Bachelor of Science & Bachelor of Education student majoring in Biology. "I make my flash cards online to save time using programs such as Flash Card Heroes and Study Blue."

Brown usually studies for a test by finding a quiet place to memorize the material using flash cards. Then, he meets with a group to study and make sure he remembers the material correctly.

### Prioritize

Becca Bouma, a fifth-year Psychology student, said prioritizing is one of the most important skills she has learned this year.

"I try and focus on subjects and terms that I do not understand," she

said. "Sometimes you don't have time to cover everything, so I try and focus on what is important."

### Re-write Notes

"My first step in studying is to re-write my notes," said Rhea Larson, a third-year Management student. "I colour code them and remember them by different sections before sub-sorting them by subject."

Larson's final step in studying is to quiz herself by making a quiz booklet. "I go through the notes and make up questions as I go along. If I can answer them, then I am set," she said.

### Think Big Picture

"One thing I do for every test is look at the big picture," said Taya Hoar, a fourth-year Biology student. "Especially with written tests, I read over my notes before thinking of different questions that will likely appear on the exam. Then I will write, erase and re-write on a white board to visualize my topic."

When studying for tests that require large amounts of memorization, Hoar practices repetition. "Repetition, repetition, repetition. I like to make ex-

citing acronyms and make quirky relations to different names or phrases."

### Chart Information

"I usually organize my notes and topics into different charts and tables," said Tonya Simpson, a fourth-year Biology student. "Mind mapping, color coding info, trouble shooting potential questions, it is all part of organizing the information in a way that people can understand."

"I make my flash cards online to save time using programs such as Flash Card Heroes and Study Blue."

### Draw Models and Concepts

"I usually draw my topic for every exam I take," said Thomas Anglin, a third-year Biology student. "I draw diagrams, models, even animals if I am studying them. [...] I need to visualize as well as have it written down to work my entire brain. I usually start with the basics and

work from the ground up, getting every bit down before combining it all together."

### Compartmentalize the Work

"Studying for music finals is different than studying for most other exams," said Kayla Rick, a fourth year bachelor of Music major. "For my final exam I have to perform in front of an accompanist and an adjudicator."

To prepare for these exams, Rick begins by finding a good recording of the piece she has to play. She listens to it as many times as possible and finds a good translator if the piece is performed in another language.

Using recipe cards, she breaks down the song phrase by phrase and writes them down in different colors. She then puts all the components together, practices on the piano and fine-tunes the performance.

### Compare and Contrast Topics

Yu-Fei Huang, a third-year Chemistry student, prefers to start studying by organizing a white board with different topics.

"I try and recall as many points on the white board as I can. If there are things that I miss, I will look it up and write it on the board," she said.



# From Safe Space to Echo Chamber: Critics Push Back Against Campus Inclusivity Efforts

By CAMERON RAYNOR

Efforts to make university campuses more inclusive are facing backlash. Campus policies such as safe spaces and trigger warnings are being equated to censorship and violation of freedom of expression.

Universities and student unions are coming under increasing criticism over the nature of social justice based policies. Recent events in the United States at Yale and the University of Missouri fueled criticism that safe spaces and other measures universities and student unions have taken to combat microaggressions—small actions and wordings that slight minorities despite bearing no malicious intent—amount to censorship. A decision by the Student Federation of the University of Ottawa to cancel a free yoga program over concerns about cultural appropriation have brought the issue into the spotlight in Canada as well.

Critics of political correctness and the creation of 'safe spaces' on university campuses asserts these policies restrict free speech and discussion. Even before recent controversies, the Economist warned that "student safety" has become a real threat to free speech. In the article "The Coddling of the American Mind," the Atlantic reported university professors are afraid to teach dif-

ferent content for fear of offending students. The article went on to say that, "according to the most-basic tenets of psychology, helping people with anxiety disorders avoid the things they fear is misguided."

Michael Kennedy co-authored the Calgary-based Justice Centre for Constitutional Freedoms' 2015 Campus Freedom Index, a report on freedom of speech at universities. He said schools are losing their status as places where ideas can be discussed freely. The report gave 41 FIs and only eight As to universities and student unions across Canada.

Kennedy said Canadian universities' current policies suppress students' ability to express unpopular views. He said the effort to turn campuses into safe spaces is being used to shut down student anti-abortion groups or men's issues groups that are unpopular on campus. Efforts to create a safe space "have to play second to the essential value of free inquiry and the free exchange of ideas on campus," he said.

Not everyone agrees.

Focusing on the implications for students with oppressive views is the wrong perspective, said Thomas Trombetta, a student and member of the Diversity Working Group at the University of Al-

berta Augustana Campus. He said there needs to be a bigger space for people who have been marginalized to explain their perspectives and the university needs to play a role in creating that environment.

Trombetta said microaggressions seriously impact oppressed groups and whether or not certain views should be allowed on campus "comes down to the possible implications of those intolerant views."

**"Your words are not free from consequences for people who are marginalized."**

"Your words are not free from consequences for people who are marginalized," he said.

Supporters of safe space programs say the rules are necessary to address issues around racism, sexism, and homophobia. Without safe spaces, many students don't feel safe enough to express themselves and face constant marginalization.

Trombetta said what is often over-

looked is that people in positions of privilege are more able to walk away from issues of oppression and marginalization whereas others live those problems day-to-day. "Different views have different implications on people's lived realities," he said.

However, Kennedy said when students graduate and enter the workforce they won't necessarily have safe spaces available, and that making students feel comfortable is "not legitimate grounds to restrict legal free speech rights in Canada."

"Instead, these policies, like safe spaces, are incentivizing students to stay in a bubble, to stay coddled," he said.

The problem with this approach, said Kennedy, is that by restricting what is and isn't OK to say, universities are creating a space where students can't learn from each other. "People don't learn if they can't be exposed to ideas, bad ideas or good ideas," he said.

Trombetta agrees that freedom of expression is important, but doesn't agree that safe spaces prohibit freedom of speech. "There needs to be a space for reconciliation," said Trombetta, "rehabilitation for both sides. ... but that must by no means interfere with or go against the creation of a safe space."

## Augustana Commemorates École Polytechnique Massacre

By MELISSA WILK

Candles glimmered and the wind raged as solemn music played. Then there was a moment of silence. On Dec. 3, 2015 students and faculty gathered in the Augustana Quad for a candle-light vigil in memoriam of women who were killed because they were women.

The National Day of Remembrance and Action on Violence Against Women commemorates the Dec. 6, 1989 École Polytechnique massacre that occurred in Montreal. 28 women were shot and 14 women, between the ages of 21 and 31, were killed for being female.

The perpetrator, a 25-year-old male, entered the engineering school with an assault weapon and demanded that the females go to one side of the room. He then shot them. He continued to prow the halls of the building specifically targeting any women he came in contact with. The man claimed he was "fighting feminism."

The horrific events of the Montreal massacre emphasize the need to remember and raise awareness for those who are victims of gender based violence.

"This is an opportunity to consider the women and girls for whom violence is a daily reality and to remember those who have died as a result," said Angela Chytrac, Augustana's student engagement coordinator and organizer of the vigil.

"Gender based violence is still an issue in our society. This is a way for us to remember the 14 women and their names. I think it is very important," said Chytrac.

14 women, including students and faculty, participated in the vigil as "women in black." Each "women in black" carried a wooden sign with the name of a victim of the massacre.

"I chose to participate because this is an important issue that is often overlooked. I am a self-proclaimed feminist and I believe it is important to raise



Photo: CAMERON RAYNOR

awareness," said Kristen Huber, a third-year Kinesiology student and a "women in black" during the memoriam.

"Women get targeted for unjust things

and it isn't fair that these women lost their lives. We need to stop things like this from happening in the future," said Huber.

## 10 Tips for Productive Procrastination

By MELISSA WILK

It's that time of year. Final exams are rapidly approaching and students are eager for the semester to be over. However, for most people the looming stress, anxiety over deadlines and massive papers eventually leads to procrastination.

So, if you find yourself falling into the grasp of procrastination, here are some things you can do to be productive - while procrastinating.

### 1. Scream into a pillow.

And realize that, according to a study by Dr. Peter Calafura, an American psychiatrist, yelling can positively influence your mental health.

### 2. Have a dance party.

Turn on your favorite tunes and shake all your stress away! According to a study conducted by Swedish researchers in the Archives of Pediatrics & Adolescent Medicine, dancing boosts your overall happiness and lowers stress.

### 3. Call your mother or father - or both.

Talking to a close family member can help ease your excitement to get home for the holidays and give you some encouragement. According to a study out of the University of Wisconsin-Madison, hearing your mother's voice releases hormones that reduce stress.

### Make yourself feel good - then get back to the books!

### 4. Have a bubble bath.

Calm your mind and thoughts. Using a sage based soap product can improve your memory, according to a study out of the University of Newcastle. Several first year floors have bath tubs - if you

don't have access to a tub, head to the local pool and enjoy the sauna or hot tub.

### 5. Go to the gym, a campus recreation night or the climbing wall.

Even if it is just for a half hour, loosening up and having some fun will refresh your mind and allow you to get back to work. According to study done by Charles Basch at Columbia University, exercise improves your ability to memorize and your academic performance.

### 6. Colour something.

According to a study in the American Journal of Applied Psychology, colouring is a form of art therapy that has been shown to reduce stress, anxiety and negative feelings in university students. So, pull out your pencil crayons and get going!

### 7. Drink tea.

According to a study out of City University London, tea is calming and significantly lowers stress

levels. It also keeps you warm.

### 8. Indulge yourself.

Enjoy something you absolutely love, even if it's chocolate cake or a whole pizza. Make yourself feel good - then get back to the books!

### 9. Have a short nap.

Studying is tiring for the brain and, according to the National Sleep Foundation, napping will help you retain information, stay alert and rejuvenate.

### 10. Procrastinate-clean.

Reduce clutter. Get rid of that stack of dishes. You'll feel better and so will your roommates! It's like you aren't even procrastinating, except, of course, you are.

Make sure you avoid binge watching Netflix, Facebook stalking, drinking heavily and giving up altogether—these are procrastination traps, so stop studying before it's too late. Do your best, study hard, and remember that one final exam won't define your life.

# Ask the Dag: Four Holiday Questions Answered

By HOLLY YURKOSKI

This week, we answer your most pressing holidays related questions. What are all the winter holidays coming up?

Well first off, Happy Holiday's everyone! Enjoy the weather while you can and enjoy the time with family. Here's a quick rundown of the holidays I could find: Christmas, Hanukkah, Kwanzaa, Omisoka, Pancha Ganapati, Saturnalia, Winter or Summer Solstice, just to name a few. It's a busy time of year around the world!

Kwanzaa: Celebrated from Dec. 26 to Jan. 1, Kwanzaa is a celebration of African heritage. The holiday is still rather new, having been first celebrated in 1966.

Omisoka: Japan's celebration of New Year's Eve, Dec. 31, marking the second most important day in Japanese tradition.

Pancha Ganapati: A five day Hindu festival from Dec. 21 to Dec. 25 in honor of Lord Ganesha.

Saturnalia: An ancient Roman festival in honor of the Saturn, God of Capitol, wealth, agriculture, liberation and time. Lasts from Dec. 17 to Dec 23.

What day was Christ's actual

birthday?

This question is still up for debate. Or at least that's what all the questioning and arguing online seems to imply. Two big dates people like to toss around are Jan. 17 and Oct. 7. There is also speculation that Christ was born in spring.

Will it be a white Christmas or a brown mucky one?

Well, with Camrose's weather, we never know. We could be swimming when Dec. 25 comes around. Most weather reports, however, seem to agree that we will have some snow on Christmas day.

When does Winter Solstice begin?

The shortest day of the year is Dec. 22 this time around. Fun fact: If you go far enough south, you'll get to enjoy the Summer Solstice, the longest day of the year.

What does the Dag want for Christmas?

For you to share our newspaper of course. Give the gift of the Dag to your friends. You'll be making everyone happy that way! If bugging your friends is not your thing, you can also share the holiday love by liking us on Facebook or following us on Twitter.

## Acute Finals Stress



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## SPORTS



Boyd Wakelin and Daniela Burke sweep during the Augustana Curling Team's Funspiel event on Dec. 5.



Ryan Dixon delivers a rock during the Augustana Curling Team's Funspiel event on Dec. 5.



The staff won a 6-1 over the students at the Staff-Student Floor Hockey Game Dec. 2. The lead scorer was Lucas Hudac with 4 goals.



The staff won a 6-1 victory over the students at the Staff-Student Floor Hockey Game Dec. 2.



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## SPORTS



Devin Varga sets a spike for Duncan McDonald at the Augustana Vikings' Nov. 28 game against the Grand Prairie Wolves. The Vikings won 3-2.

Photo: MILO YIM



Cody Fiala overpowers his opponent and tries for a shot on net during the Vikings' game against SAIT on Nov. 28. The Vikings won 5-3.

Photo: LANE ANDERSON

## Upcoming Home Games

**Friday, Jan. 8**

**Hockey**

Vikings vs. MacEwan  
7:30 p.m.  
Encana Arena

**Saturday, Jan. 9**

**Volleyball**

Vikings vs. Concordia  
Women 6 p.m. Men 8 p.m.  
Augustana Gymnasium

**Friday, Jan. 15**

**Volleyball**

Vikings vs. King's  
Women 6 p.m. Men 8 p.m.  
Augustana Gymnasium

**Hockey**

Vikings vs. Portage  
7:30 p.m.  
Encana Arena

**Saturday, Jan. 16**

**Basketball**

Vikings vs. Lakeland  
Women 6 p.m. Men 8 p.m.  
Augustana Gymnasium

**Friday, Jan. 22**

**Basketball**

Vikings vs. GPRC  
Women 6 p.m. Men 8 p.m.  
Augustana Gymnasium

**Saturday, Jan. 23**

**Basketball**

Vikings vs. GPRC  
Women 1 p.m. Men 3 p.m.  
Augustana Gymnasium





**Downtown Camrose**

*Alive at the centre*

**Wishing you success on your exams**

**Have a marvelous semester break and come back to Camrose safe**

**Downtown Camrose is only a walk away**

## What do you like or dislike about Christmas carols?



**Julian Love**

Well, it's the same thing every year and the lyrics aren't particularly good but they get stuck in your head regardless. Although they're still somehow annoyingly catchy.



**Aline Schoepp and Jillian Raugust**

They're unifying and everyone knows the words and it kind of starts things off for Christmas. It's the first thing you hear when the season rolls around and it gets you in the mood. The only bad thing about them is that they're kind of repetitive and you're pretty much sick of them by December 25.



**Joao Lampropoulos Rietra**

The rhythm is similar every time so it gets annoying after a while. But people get happy when they sing them. So it's a good thing.

Photo: TATIA KOEBER

## One Night in Africa Supports Doctors Without Borders

By EMILY MCILROY

News broadcasts have been reporting the tragedy of the Syrian refugee crisis for weeks now, and it's easy to feel disconnected from the issue at Augustana. However, the Augustana Afri-Youth Club decided to take action. The club hosted their annual event One Night in Africa fundraiser in the Wahkoitowin Lodge on Nov. 27 in support of Doctors Without Borders. Doctors Without Borders will use the money raised to help relieve the Syrian refugee crisis.

**There are over 50 million forcibly displaced people worldwide.**

African culture was brought to the event through all the senses. The event featured live comedy, dancing and traditional African food prepared by club members. The club raised funds by selling beautiful, traditional African shirts called Dashikis. They also gave away Dashikis as draw prizes.

The meal was comprised of flavourful Jollof Rice, mouth-watering Beef Stew, Gizzado that, as the menu said, tasted "like mothers' love", spicy and juicy seasoned chicken and Degu. During the meal, executive member Dami Lawal performed a saxophone solo dressed in beautiful traditional attire.

The event began with a talk from the guest speaker Les Parsons, a world traveler who has seen refugee situations first hand. Hearing Parsons' talk connected guests with stories from as Syria and Guatemala. His stories humanized the news broadcasts and gave attendees an understanding as to where the money raised would be going.

Parsons took the crowd on what he referred to as "the doom and gloom tour." He shared stories from areas such as Southern Mexico, where he accompanied the Maya peoples back to their hometowns in Guatemala. The Maya people had been chased out of their country by the Guatemalan army.

Parsons saw the struggles of refugees who yearned for safety and stability, and had no choice but to flee their country. He said this is much like what we are seeing today with Syrian refugees.

"The Maya people tried to have an uprising for some human rights and dignity," said Parsons.

Parsons said that, although the funds from the event were to assist Syrian refugees, according to the United Nations Refugee Agency there are over 50 million forcibly displaced people worldwide. Parsons said that when supporting the refugee crisis most prominent in the media, we must not forget refugees elsewhere who are also stripped of their sense of home.

Parsons' talk was followed by a talk by second-year student Farshad Labbaf. Labbaf shared his experience as a Middle Eastern person welcomed into Canada.



Photo: EMILY YIM

Labbaf asked that, as Canada seeks to aid Syrian refugees, Canadians welcome all newcomers with open arms and hearts.

"As a Middle Eastern person this is coming from my heart [...] I am willing to accept those who suffer into my country as you accepted me into yours," he said.

Both Parsons and Labbaf said it's important to put love at the forefront of our agendas.

"Let us not build barriers but break them, let us not close ourselves in but open our arms to those who are suffering. [...] Let us not preach hate but love" said Labbaf.

The Afri-Youth Club created a space where people attending the event could see the hope that can vibrate from a community. The gathering showed that when people come together, they can create a better world and help one another.

Afri-Youth Club President James Torknoo said, "Sometimes I sit by my laptop doing assignments and I think, I can't just remain in this shell." The event allowed the Augustana and greater Camrose communities to come together, break out of their shells and contribute to a pressing global concern—the Syrian Refugee Crisis.



# Christmas Shopping Ideas Close to Campus

By MELISSA WILK

The holidays are just around the corner, and with the holidays comes hours of shopping for friends and family. Taking some time to shop in Camrose is a great way to support local business and find items that are small-town unique.

Though Camrose isn't home to a massive mall or large department stores, the local shops have great atmospheres, great holiday deals and local items that will make for ideal gifts for anyone on your shopping list. Here are some of the best places in Camrose to shop this holiday season:

## Imagine Vintage Wear

For anyone who enjoys accessories and clothing from different eras – this is the place to shop. This store offers quality dresses from the 50s, knit wool sweaters, 70s jewellery and much more – with great prices.

**Gift idea:** For your sister, pick a pair of vintage stud earrings and colourful 70s winter gloves.

## The Bali Shop

This store has a wide variety of attire for women that is colourful, unique and ethnic – including fabrics made from bamboo and organic materials.

**Gift idea:** For your grandmother, get a bamboo lightweight blouse – they come in several colours.

## Cathel Books

If you are shopping for a book lover, this is the place to go. Cathel's has a huge selection of used books, popular

board games, stationary and unique items.

**Gift idea:** For a brother, get the Goosebumps board game or Settlers of Catan – there is even a Star Trek version.

## Fringe Benefits

Clothing, handbags, scarves and jewelry – Fringe Benefits has funky flare and colourful items that are out of the ordinary and great for gifts.

**Gift idea:** For your mother, grandmother or aunt, pick from a large selection of scarves with different patterns and colours.

## Candler Art Gallery

This gallery has a beautiful collection of arts and crafts designed by numerous artists. You can find artisanal gifts, handmade pottery, crystal jewelry and professional art supplies. The gallery also offers custom framing.

**Gift idea:** For your grandparents or parents, pick a set of handmade pottery dishes.

## Martha's Music

Martha's has a great selection of sheet music, musical supplies and instruments – perfect for any music enthusiast you are shopping for. This is a great place to find stocking stuffers like guitar picks, capos, and tuners.

**Gift idea:** For the musician on your shopping list, pick a sheet music book that highlights their favorite genre or artist.

## Twig

Twig carries apparel, accessories and home decor items with lots of winter wear to choose from. They also carry shirts that say "Straight out of Camrose."



Photo: MELISSA WILK

**Gift idea:** For your mother or grandmother, get Scrabble letter magnets and for your friends, owl shaped coffee mugs.

## Fiona's Coffee and Gifts

Fiona's is a great place to grab a latte and a gift for any coffee or tea lover you know. You can purchase tea and fair trade coffee, as well as tea steepers and coffee supplies.

**Gift idea:** For the tea lover in your family, get an animal shaped steeper and choose from a variety of loose leaf teas.

## Vinesation

Vinesation has a variety of dark and white balsamic vinegars, extra virgin olive oils and gourmet products. There are oils infused with ingredients ranging from

espresso to chipotle to strawberry. Shopping at Vinesation is an experience and you'll find gifts perfect for any food lover or cook.

**Gift idea:** For your mother or father, get a 6 bottle olive oil sample pack. Choose from different collections such as the "pasta pack," "sweet and fruity" or "dippers."

Between November 18 to December 23 shoppers can pick up an entry form from any participating downtown store. For every \$10 you spent, they receive a stamp. If they collect 10 stamps, they're entered to win a Camrose shopping spree worth \$1500.

# Opinion: Urgent Action Needed at Paris Climate Summit

By FARSHAD LABBAF

To call Paris the city of light is an understatement. The city along with its people are a true representation of human resilience in a time of struggle. With the recent terrorist attacks, Paris has once again shown its ability to find light in the times of darkness. This city's ability to deal with such tragedy is a remarkable testament to its greater title as the City of Love.

But now Paris is facing a new challenge by hosting the United Nations Climate Change Conference to tackle climate change. "Never have the stakes been so high" said Francois Hollande, as all of the world's largest economies gather together in a race against time to prevent the planet from exploding—not literally—but to prevent global temperatures from rising by two degrees.

The United Nations Climate Change Conference is probably the most important summit of our generation and many

generations to come, which is why immediate action against climate change is needed. However, China and India, who are the major contributors to emissions, don't look like they want to take much action. One thing is for sure, if there is not a bold plan to tackle climate change there will be a great humanitarian crisis with droughts, shortage of water supply, and a rise in conflict.

Levels of CO2 in our atmosphere have risen 401.58 ppm which is the highest level in 650,000 years.

Global climate change has already had observable effects on the environment. According to NASA the evidence is clear, glaciers have shrunk, ice on riv-

ers and lakes is breaking up earlier in the year, plant and animal ranges have shifted and trees are flowering sooner.

Effects that scientists had predicted in the past that would result from global climate change are now occurring: loss of sea ice, accelerated sea level rise and longer, more intense heat waves.

The Intergovernmental Panel on Climate Change (IPCC), which includes more than 1,300 scientists from the United States and other countries, forecasts a temperature rise of 2.5 to 10 degrees Fahrenheit over the next century.

So one can imagine why there is such an outcry for action from this summit in order to ensure humanity does not experience a real life 'Day After Tomorrow' scenario. NASA even stated that levels of CO2 in our atmosphere have risen 401.58 ppm which is the highest level in 650,000 years. Global temperatures have risen by 1.4 degrees since 1880. Even the World Bank

says that reductions in global poverty in recent decades could be undone by unmitigated climate change, pushing 100 million people into extreme poverty by 2030.

Although there have victories for the environmental community with the Al-Bertan government implementing a tax on carbon, caps on oil sands emissions, a phasing out of coal-fired electricity, and an emphasis on wind power, this legislation is a huge step forward considering Alberta is the major contributor to greenhouse emission in Canada, according to data collected by Environment Canada.

During the Democratic Primary Debate in Iowa, Bernie Sanders said, "climate change is directly related to the growth of terrorism." Right now there is great violence in the world due to extremism and a thirst for oil. It's horrifying to think that perhaps in the future that violence may instead be because of a thirst for water.

# New Website

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theDagligtale  
Augustana's Student Newspaper - Since 1985

# Your December Daglight Horoscopes



**Aries: Mar 21 - Apr 19**  
Eat good food, drink good drink. Enjoy the holidays, party hard and have some festive egg nog while you're at it.



**Taurus: Apr 20 - May 20**  
Time to shine in this year's winter garb. Try on some neat new clothes, but don't forget to pick up those much needed socks and underwear.



**Gemini: May 21 - Jun 20**  
You may be feeling anxious about going home for the holidays, but don't be afraid to open up to those you trust. Spend some time around a fireplace and just talk things out.



**Cancer: Jun 21 - Jul 22**  
Go out shopping with your friends. Enjoy the festive lighting around town and catch up as you warm up with hot chocolate.



**Leo: Jul 23 - Aug 22**  
Do a little homework for the upcoming semester, but don't stress too much. Get outside and go sledding for ever five minutes of study time.



**Virgo: Aug 23 - Sep 22**  
Be careful of overwhelming your friends with Christmas movie reruns and endless singing. Instead, listen to what they'd like to do and try out new things.



**Libra: Sep 23 - Oct 22**  
Help your family decorate for the holidays. Take some time to yourself, but don't forget to wear an ugly sweater when the time is right.



**Scorpio: Oct 23 - Nov 21**  
You may be tempted to spike the fruit punch, but hold back on the alcohol. This holiday's nothing but temptation, so be cautious as you devour all the chocolate in sight.



**Sagittarius: Nov 22 - Dec 21**  
The time to show off is now. Get on your best and tell everyone how awesome you were at those exams. Stay positive during this stressful time.



**Capricorn: Dec 22 - Jan 19**  
Stay inside to get that extra warmth in your cold bones. Work at increasing your cooking skill by making some festive dishes.



**Aquarius: Jan 20 - Feb 18**  
Double check what you got your friends this holiday season. Are they gifts meant to please, or just to show off? Think twice about who really deserves them.



**Pisces: Feb 19 - Mar 20**  
Curl up with some family animals and maybe force a cat into a sweater. Take a small break from people to appreciate nature. Try to go snowshoeing if the weather allows.

## UPCOMING EVENTS

### Vikings Games

Check out the sports sections for a complete list of upcoming Vikings home games!



Page 6 - 7

### Friday December 11

Shred Kelly, Folk Alternative Rock  
Bailey Theatre

### Saturday December 12

Snowbird - A Tribute to Anne Murray  
7 p.m.  
Loughheed Performing Arts Centre  
Tickets: \$38.25+GST

### Saturday December 19

Tenore, Christmas with You  
8 p.m.  
Loughheed Performing Arts Centre  
Tickets: Adults \$28, Students \$25.50

### Monday January 4

Make Your Mondays Pop  
12-1:30 p.m.  
Popcorn and Hot Chocolate in the Forum.

### Wednesday January 6

Life Hacks  
2-4 p.m.  
Forum  
Forum of surviving dorm life. Learn to make mug brownies and more.

### Frozen Movie Party

7-8:30 p.m.  
Location TBA

### Thursday January 7

Casino Night and After Party  
8-11 p.m.  
Casino Night: Gambling for fake money in the Forum. Alcohol and snacks served.  
Afterparty: Music and dancing in the Wahkohtowin Lodge.

### Friday January 8

Augustana Winter Games  
2-4 p.m.  
Forum  
Sled Making: Teams create sleds out of cardboard boxes in the Forum.

### Saturday January 9

Augustana Winter Games  
2-4 p.m.  
Jubilee Park  
Sled racing. Team sleds will be raced at Jubilee Park.

### Chocolate Bar

4-5 p.m.  
Forum  
After the games various forms of chocolate will be served.

### Sunday January 24

Russian Classics (Dr. Roger Admiral, Piano, in Recital)  
2 p.m.  
Loughheed Performing Arts Centre  
Tickets: Adults: \$18  
Students, Seniors & Children: \$15

### Thursday January 28

Robin Phillips Presents  
Vocal Masterclass  
6-9 p.m.  
Faith & Life Chapel

### Saturday January 30

Alberta Student Leadership Summit  
North Campus

### Saturday February 6

Jeff Lang, Rock, Disturbed Folk, Blues  
Bailey Theatre  
Tickets: \$25/general admission, \$15/ students

### Sunday February 7

Symphony Spectacular!  
2 p.m.  
Loughheed Performing Arts Centre  
Tickets: Adults: \$18  
Students, Seniors & Children: \$15

### Monday February 22

In Recital: Bok Brass!  
7:30 p.m.  
Faith & Life Chapel  
Tickets: Adults: \$20  
Students & Seniors: \$15  
18 & Under: \$5

### Saturday February 27

Dr. Jacques Després Presents  
Piano Masterclass  
1-3 p.m.  
Faith & Life Chapel

### Sunday February 28

Mannskor and A Joyful Noise, in Concert!  
3 p.m.  
Faith & Life Chapel  
Tickets: Adults: \$20  
Students, Seniors & Children: \$15

### Sunday March 6

Camrose & District Community Band in Concert  
2 p.m.  
Loughheed Performing Arts Centre  
Admission by Donation

### Wednesday March 9

Footloose  
7 p.m.  
Augustana Theatre Centre  
Tickets: \$20/general admission \$10/students

### Thursday March 10

Footloose  
7 p.m.  
Augustana Theatre Centre  
Tickets: \$20/general admission \$10/students

### Friday March 11

Footloose  
7 p.m.  
Augustana Theatre Centre  
Tickets: \$20/general admission \$10/students

### Saturday March 12

Augustana Student Vocal Arts Festival  
1:15 p.m., 3:30 p.m., 7:00 p.m.  
Faith & Life Chapel  
Deanna Robillard performs at 1:15 p.m.  
Casper Seely performs at 3:30 p.m.  
Bailey Kuhn performs at 7:00 p.m.

Footloose  
7 p.m.  
Augustana Theatre Centre  
Tickets: \$20/general admission \$10/students

Have an upcoming event you'd like featured in the Daglight?  
Email us at [daglight@ualberta.ca](mailto:daglight@ualberta.ca)

## DISTRACTIONS

### Sudoku

	5	7		4		8	9	
1			8		5			3
9			2					5
	9						2	
7		4				1		8
	1						7	
4				1				9
2			4		6			1
3	1		8			2	4	

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## Six Students Explain Their Choice of Major, Part 2

By: ALLISON IKENOUYE

Six students with six different majors at Augustana spoke with the Dagbladet about their majors. Each student offered insight into the breadth and applicability of their major, sharing both their academic experiences and aspirations to utilize their majors to reach their future goals.

These students exemplified a high respect for their majors and dispelled misconceptions and myths attached to their disciplines. When presented with the question, "If you could convince anyone of your major, what would you say?" many said they would not convince anyone to pursue their major, unless they were equally as passionate about the subject. As second-year student Christine Tran said, "Everyone is created for a specific passion."

**Kaytlin Lee, Second-year Global and Developmental Studies (GDS) Major**  
As a undeclared major in her first year, Kaytlin Lee ultimately chose Global and Developmental Studies (GDS) because the discipline encompassed her interests in both Political Science and Sociology. The flexibility allows her to "focus on these two streams equally."

Lee recommends GDS for students who may not have a precise vision of their future, but care deeply about the issues surfacing around the world. These issues include cultural, environmental or public health concerns.

GDS also offers the opportunity to study abroad, learn new languages and help the community in a way that is engaging, diverse and interesting.

"If you could convince anyone of your major, what would you say?"

**Erin Sekulich, Fourth-year Sociology Major**

Despite initially entering Augustana as a Psychology major, Erin Sekulich found her true passion in Sociology. Sociology involves broad research that intertwines related disciplines such as History, Philosophy and Psychology.

The presentation of these topics has provoked a degree of hopelessness for humanity in Sekulich. However, Sociology has taught her a great deal about society, people and how they can be manipulated in interesting social experiments.

Sekulich said her major doesn't lead solely to social work as a career option, but leads to opportunities in a multitude of streams. Sekulich plans

to attain a Masters Degree in Sociology and utilize her expertise conducting field research and working in archives.

**Christine Tran, Second-year Biology Major**

As an aspiring pediatrician, Christine Tran is committed to the discipline of Biology. She enjoys Biology's analysis of human life such as human evolution, genetics and molecular cell Biology.

While the labs can be challenging and time consuming, Tran said they give her reassurance that she is "one step closer to becoming a pediatrician." Tran's passion for helping people will be the driving force in her many years of school to come in Pediatrics.

**Nicole Brockman, Second-year Kinesiology Major**

Nicole Brockman was a Biology major in her first year but switched to Kinesiology. She wasn't engaged in the cell level aspects of Biology, but was fascinated by the functions of the human body Kinesiology encompasses.

Brockman said that there is a misconception that Kinesiology is one of the "easier majors." She said Kinesiology is a major that goes beyond athletics and will set her up to become a physiotherapist or to pursue her lifelong dream of becoming a doctor.

**Eric Steele, Fourth-year Outdoor Education Major**

Eric Steele, a fourth year Outdoor Education major, originally set out to study Physical Education and Business at Augustana. However, after outdoor trips captured his interest, he dedicated his studies to Outdoor Education.

Steele said that Outdoor Education is physically demanding, but that the tools and knowledge taught in lectures are directly applicable to real life scenarios. Outdoor Education has enabled Steele to study directed leadership skills, group dynamics and the ability to derive educational value and meaning from outdoor trips and adventures.

After graduation, Steele is interested in pursuing travel journalism.

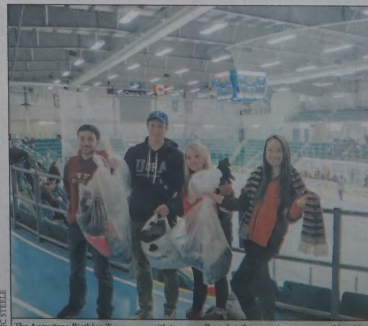
**Colton Simard, Second-year Computing Science Major**  
As a student who was always fascinated with computers and video games, Computing Science was a natural choice for second-year student Colton Simard. Simard has found that both the most challenging and rewarding aspect of his major have been the long and arduous hours spend on solving different tasks or problems. He enjoys the wave of relief that comes with finally coding a program.

Simard advises anyone with a primary interest in computers and a passion for solving difficult problems to take up a Computing Science degree.

## Augustana Life in Photos



Members of the Augustana Outdoors Club traveled to the West Edmonton Mall to paddle in the wave-pool on Dec. 1.



The Augustana Biathlon Team poses with trophies collected at the annual trophy toss on Nov. 28. All items thrown on the ice were donated to the Camrose Emergency Clothing and Furniture Depot and the Augustana Reciprocity Shelf.

Photo: ERIC STEELE

Photo: EMIL YOUNG





# Wild Rose

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## Student Campaigns to Make Augustana Fairtrade Campus

CONTINUED from P.1

uct means that they can feed their kids for the day or send them to school."

Augustana is already meeting many of the requirements to be Fairtrade certified, so becoming a designated campus isn't far off. "We have tons of the steps done for it, just nobody was the instigator until now," said Lafrentz.

To many, achieving a Fairtrade designation sounds difficult. Fairtrade Canada outlines three aspects to becoming designated Fairtrade campus:

"If staff and students want to see change and sustainability, then it's going to happen."

product availability, visibility and education, and a steering committee.

The minimum requirements for product availability are that all coffee served on campus are Fairtrade certified, at least three Fairtrade certified teas are available wherever tea is served and at least one Fairtrade chocolate bar is available at every location selling chocolate bars. Fairtrade Canada also requires that the coffee and tea served at campus meetings, events and offices run by campus administration or student unions is Fairtrade certified.

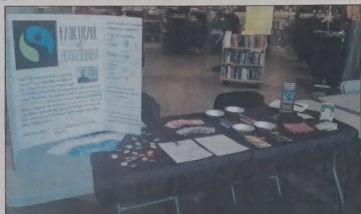
All locations on campus selling Fairtrade products need to have clear signage and information in order to ensure people are aware and educated about Fairtrade. Augustana's website would need a page explicitly stating that it is designated a Fairtrade campus, and explaining what Fairtrade means. Campus administration would be required to participate in a celebration of Augustana's Fairtrade campus status at least once a year.

The last requirement to become a Fairtrade campus is establishing a steering committee. The committee forms a balanced core of volunteers and campus administrators, and ensures the commitment to being a Fairtrade campus continues.

The committee must meet at least twice per year to discuss goals and progress. It also works towards getting more Fairtrade products on campus and encouraging other campus groups, businesses, and departments to consider fair trade.

The switch to Fairtrade coffee happened in the 2008-09 academic year when Augustana's theme was "From Field to Fork." The emphasis on sustainability and conscious eating have been part of Augustana's culture ever since.

"Augustana is awesome because it's so tiny, and everything is catered by Lilas in the cafeteria. So all the staff meetings and stuff that would require Fairtrade coffee and tea already have it because the coffee that we



source is Fairtrade already," said Lafrentz.

Lafrentz became interested in achieving a Fairtrade Campus while studying abroad at the Telemark University College in Bo, Norway. The Telemark University College is the first and only Fairtrade Campus in Norway. Lafrentz realized Fairtrade was something Augustana could do as well.

So far, the response from staff and students has been positive.

"I thought it was going to be much more challenging," said Lafrentz. "But everyone said, 'Oh yeah, let's just do it.'"

Lafrentz said she was ready with back up information to negotiate the importance of Fairtrade, but both staff and students have been on board and ask-

ing what is needed to move forward.

If staff and students want to get involved, the first step is education. Lafrentz encourages others to "do some research on the products they buy to see how unethically most of them are sourced."

"By buying Fairtrade certified goods, they are being conscious consumers, which is where it all needs to start," she said.

Lafrentz hopes to be finished the application for designation by mid-December and encourages students to be on the lookout for more news in January.

"What it comes down to is what's important to the staff and students," she said.

"If staff and students want to see change and sustainability, then it's going to happen."

## Opinion: In Defence of Gift Giving

By HOLLY YURKOSKI

Alh, smell that peppermint in the air! Yes, it's the winter season meaning we're cramming for exams, dealing with funky weather, and, most importantly, gearing up for the holidays. No matter which winter festival you celebrate, there tends to be one common aspect amongst them, and that's gift giving.

Gift giving is an age old practice where one picks out a cool thing for a colleague or person. Be it handmade, store bought, or simply the promise of a day together, everyone loves giving gifts. The important thing to remember is that it gift giving takes two:

a giver and a receiver. In order to give a gift, there must be someone to receive it.

The receiver tends to get a lot of flak this time of year for things like creating lists and excitedly guessing what they'll receive. But there is nothing wrong with wanting something, nor is there anything wrong with asking for that very thing. Sometimes the giver even asks for your holiday wish list months in advance (just ask my parents).

Givers and receivers come from various backgrounds, have been taught various things, and like to express themselves in various ways. For some, gift giving is more than just buying something the receiver

will like. It's about selecting what they feel the other will most appreciate, what they'll enjoy the most. There shouldn't be any shame in going downtown to pick out a cool set of paints for your artist friend.

Lots of people point to "The Grinch that Stole Christmas" as evidence that gift buying destroys people. But the Jim Carrey version isn't the original. The original, with all the rhyming and cute characters, didn't say gift giving was bad, just that it wasn't the heart of the holidays.

The heart is being with your family and friends, celebrating what you believe in and having fun. In the original

story, the Who's still bought each other gifts, there was nothing wrong with that. That's what they wanted to do so they did. But when their gifts were gone, they knew there was more to Christmas than that, that gifts were just a part of it and they could still have fun without them.

Gift giving is more than just a consumeristic dash of insanity for the newest, brightest, and most expensive items. It's about love, about communication, about giving. And that's what the holidays are all about, isn't it?



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